






What does it mean to be Hindu in Britain today?



Key Vocabulary			Key Knowledge
deities	A god or goddess	 <p>What good things come from worship and rituals in both family and community?</p> 	<p>-Most Hindus worship (puja) every day at home and have a shrine there. Family members often worship together. At the shrine, Hindus make offerings to a murti.</p> <p>-Hindus have many traditions and customs such as daily prayer, they greet each other with the word 'Namaste', they show respect to their elders by taking care of them in their old age and they sing hymns/songs.</p> <p>-Light symbolises Brahman and represents the gods in heaven.</p> <p>-Navratri is a Hindu festival celebrated every autumn, lasting for nine days and celebrates good triumphing over evil. Three goddesses are worshipped: Durga, Lakshmi and Saraswati. It is a colourful time of celebration which includes feasting and dancing. Dandiya Raas is a dance associated with the festival.</p>
rebirth	A new or second birth		
Brahman	For Hindus, Brahman is god or the supreme being		
Veda	Knowledge		
Atman	Sanskrit word meaning inner self, spirit or soul		
Diwali	Hindu festival of light		
Puja	The daily offering of light, flowers, water or food to their god.		
ritual	A daily routine or religious ceremony		
Karma	Good or bad luck resulting from someone's actions		
Shrine	Anything from a room, a small altar or simple murtis used for worship		
Dharma	The Hindu way of life - Duty	  	
Dandiya	Sticks representing the swords used by the goddess Durga	<p>Puja tray</p> <p>Shrine</p> <p>Mandir</p>	
Hinduism	The world's third most popular religion, with around 750 million followers.	<p>As we look at the world through Hindu eyes, what can you see of Brahma (creator), Vishnu (preserver) and Shiva (destroyer) and the circle of life?</p>	

