

# What is Sikhi?

## Key Vocabulary

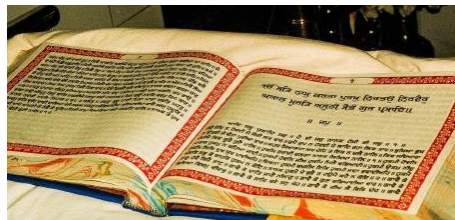
Waheguru	Sikhs believe in the One Supreme Being. They believe that there is one God who created everything.
Ardās	A set prayer in Sikhism.
Langar	The communal meal shared by Sikhs and all visitors to the gurdwara.
Khalsa Sikh	A group of Sikhs which demonstrate their devotion to the religion with the five K's.
Gurdwara	The Sikhi religious building.
Simran	The continuous remembrance of God.
Sewa	The dedication that a Sikh has to their religion: physical service, mental service and material service.
Sarbat Da Bhala	A statement that is repeated by all Sikhs at least twice daily which means 'blessings for everyone'.

## Key Questions

- What is unique about the Sikh understanding of God/supreme being?
- What might be most important for Sikhs?
- Are all Sikhs the same?
- What is the significance of the gurdwara?
- What influence do the gurus have for those with Sikh worldviews?

## Key Information

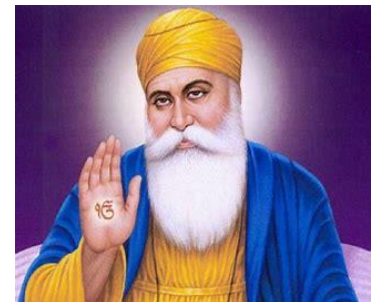
- There are three kind of Sikhs; **Sahajdhari, Keshdhari, and Khalsa Sikhs.**
- People with Sikh worldviews often visit holy sites in India, Punjab and Pakistan because they are associated with the lives and burial places of the gurus.
- Gurus are inspirational teachers that show the right way.



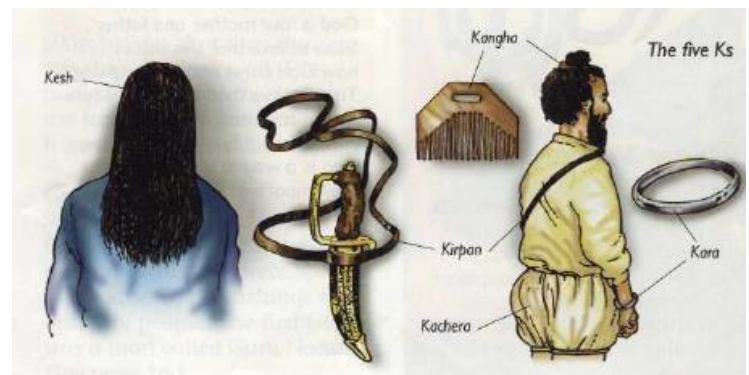
Guru Granth Sahib Ji



Gurdwara in Derby



Guru Nanak



The five Ks