LONG TERM PLAN FOR PE

CYCLE A

In some cases, Coach Unlimited will teach the grey units.

	Reception	Y1/2	Y3/4	Y5/6
Autumn 1 8 weeks	Enjoy a ball Multiskills	Rugby FUNdamentals Y1 Multi-skills Y2	Netball Y4 Quicksticks Y3	SWIMMING Quicksticks Y5 OR Football Y5
Autumn 2 7 weeks	First PE Bonfire Night, Diwali, Superhero Dance	Indoor Athletics PPP Y1 Invasion games Y2	Dodgeball Y4 Football Y3	Indoor Athletics PPP Y6 Tag Rugby - Y5
Spring 1 6 weeks	Jungle Dance Gymnastics	Dance - choose suitable one to match topics? Gymnastics Y1 Dance (Dinosaur) Dance (Fairy Tale) Dance (Great Fire of London) Dance (Holi Festival) Dance (Jungle) Dance (Olympic) Dance (Seaside) Dance (Space) Dance (Winter)	Dance PPP - choose suitable unit Gymnastics Y4	Fitness PPP Y5 Gymnastics Y6
Spring 2 5 weeks	Football FUNdamentals PPP Outdoor and Adventurous PPP (OAA)	Football FUNdamentals PPP Y1 Outdoor and Adventurous Activities Y2	Fitness Y3 Outdoor and Adventurous Activities Y4	Netball Y6 Outdoor and Adventurous Activities (Year 6 Planning)
Summer 1 7 weeks	Fitness and Fundamentals PPP Tennis Fun	Tennis PPP Y1 Athletics - Y2	Tennis PPP Y3 Athletics Y4	Rounders Y6 Athletics Y5
Summer 2 7 weeks	Athletics PPP Fairytale Adventures / Sports Day prep	Ball Skills - 12 lessons - use for both lessons. Y1	Rounders PPP Y3 Cricket Y4	Athletics Y6 Cricket Y5

LONG TERM PLAN FOR PE

CYCLE B

	Reception	Y1/2	Y3/4	Y5/6
Autumn 1 8 weeks	Enjoy a ball Multiskills	Dodgeball PPP Multi-skills Y1	Basketball Y3 Tag Rugby Y4	SWIMMING Netball - Y5
Autumn 2 7 weeks	First PE Bonfire Night, Diwali, Superhero Dance	Indoor Athletics (Y2) PPP Invasion games Y1	Indoor Athletics PPP Y4 Quicksticks Y4	Indoor Athletics Y5 Dodgeball - Y6
Spring 1 5 weeks	Jungle Dance Gymnastics	Dance - choose suitable one to match topics? Gymnastics Y2 Dance (Dinosaur) Dance (Fairy Tale) Dance (Great Fire of London) Dance (Holi Festival) Dance (Jungle) Dance (Olympic) Dance (Seaside) Dance (Space) Dance (Winter)	Dance - choose suitable unit Gymnastics Y3	Dance - choose suitable unit Gymnastics - Y5
Spring 2 5 weeks	Football FUNdamentals PPP Outdoor and Adventurous PPP (OAA)	Fitness (Pirate) Outdoor and Adventurous Activities Y1	Football Y4 Outdoor and Adventurous Activities Y3	Tennis Y5 Outdoor and Adventurous Activities (Y5 planning)
Summer 1 7 weeks	Fitness and Fundamentals PPP Tennis Fun	Tennis PPP Y2 Athletics - Y1	Multiskills PPP Y4 Athletics Y3	Rounders Y5 Football Y6
Summer 2 7 weeks	Athletics PPP Fairytale Adventures / Sports Day prep	Ball Skills Y2 OR Ball Games (mixture of the two depending on ability of the children)	Rounders PPP Y4 Cricket Y3	Athletics Y6 Cricket Y6